

Substance misuse

If you are struggling with substance misuse, find out about services that could provide practical support and help find accommodation.

Substance misuse and homelessness

There are a number of services which can provide support if you are struggling with drugs or alcohol misuse.

Barnet Recovery Centre (WDP) provides a wide variety of rehabilitation, support, and counselling services for persons over 18. Call **0300 303 2866** or email barnet@wdp.org.uk.

For persons under 18, Barnet Young People's Drug and Alcohol Service (YPDAS) can be contacted on **0300 303 3169** or barnetyoungpeople@wdp.org.uk.

Shelter can provide advice over the phone on **0808 800 4444** or at a local advice centre. They can also help you find somewhere to stay if you are in need of shelter urgently.

Applying to Barnet Homes for assistance

You can approach our Housing Options Service for assistance if you are homeless or at risk of homelessness. We will give you advice about finding somewhere to live and may make referrals to other organisations.

We will open a homelessness application for you, and if you are eligible for assistance and are homeless or threatened with homelessness within 56 days you will be helped by one of our frontline teams.

If you qualify for assistance with rehousing, we may provide emergency accommodation and we can help you move to a property in the private rented sector. Phone Housing Options on **0208 359 4797** for advice and assistance.

Other services that can help

Alcoholics Anonymous | 020 7407 9217

Informal counselling and support groups across the borough.

Email: sso@btconnect.com

Online: <https://www.alcoholics-anonymous.org.uk/>

Narcotics Anonymous | 0300 999 1212

Informal counselling and support groups across the borough.

Email: ukpi@ukna.org

Online: <http://ukna.org/>

Shelter | 0808 252 7645 (emergency) 0808 163 1462 (non-emergency)

Housing and homelessness advice charity, helping with homelessness, evictions, private renting, benefits and more.

Online: <https://england.shelter.org.uk/>

Barnet Wellbeing Hub | 0333 344 9088

Referral service for information, advice, advocacy, wellbeing groups, and therapies.

Email: info@barnetwellbeing.org.uk

Outreach Barnet | 0203 115 1185

Short-term support for housing-related support needs.

Email: duty@outreachbarnet.org.uk

Referral form: <https://www.outreachbarnet.org.uk/referrals/>

Barnet Citizen's Advice Bureau | 0300 456 8365

Advice service helping with benefits, debt, employment, housing, relationship breakdown and more.

Helplines

Release | 0207 324 2989

Frank | 0300 123 6600

Addiction Helper | 0800 024 1475